



To The Immaculate Conception School Families and Staff

We are so excited to serve school lunches again this year. This is very much inline with our mission and vision. We have always advocated for healthier and adventurous eating. We started as a solution to offer healthy meals that not only taste good but also introduce different ingredients, textures and flavors. We minimize the use of refined sugar and all of our school and camp lunches are tree nut, peanut and sesame aware. We do not knowingly serve or use any nut or sesame products for our school lunches. Kitchen ingredients with labels are checked to ensure they do not contain nuts or nut products. We are very diligent about checking, but please be aware that not all bulk items are labeled. We have worked on creating a menu that's not only delicious, but is also healthier, fresh and balanced. We cook everything from scratch, including sandwich bread, pizza dough, and pizza sauce.

Thank you and we look forward to nourishing your children!

Respectfully,

Sara Hurst Owner & Chef of Bella's Kitchen and Wellness







ICS Lunch Ordering Process

Students/Parents/Staff can order a la carte, by the week or by the month, in advance for your convenience.

Visit, <u>bellaskitchen.schoolbitez.com</u> and click " Create New Account" on the home page. You will be ask to create your own username and provide your information. Then choose your school and add your students in order to see the menu.

If you have any issues or questions about while ordering, please e-mail <u>info@bellaskitchenandwellness.com</u> or call/text 501-951-0864.

About ICS School Lunch

Through our platform will be able to order a la carte and decide if you want to add fruit or dessert or a beverage. I. You will also be able to see your lunches at a glance and print a calendar so you know which days you have ordered lunches.

Our menu is available for a month at a time but you can pre-order up to a week in advance. You may also cancel a lunch up until 5pm the day before if your student is ill or has a dr.'s appointment. School closure, inclement weather, field trips etc. are still the responsibility of the parent and will not be refunded.



ICS FAQS

Is there a deadline to place orders?

YES. You will need to place your orders by Wednesday at midnight for the following week. We will send reminders every Wednesday morning. Please check your specific student's school calendars for events and closings because once a lunch is ordered, lunches cannot be changed or credited.

What if my student has a food allergy?

We do not prepare or serve peanuts, tree nuts and sesame seeds as ingredients for our school lunches. Our team follows ServSafe—standard operating procedures for food storage, preparation, service, and cleanup to avoid cross-contact of relevant allergens in kitchens and food preparation areas. Safe food preparation involves following recipes, cleaning and sanitizing food contact surfaces, using and changing gloves constantly, controlling allergen hazards at the grill and stove. Prior to service, the team reviews dishes and ingredients so that they can inform students what's in them. We work to obtain the safest products possible, purchasing ingredients from companies that use good manufacturing practices and provide consistent, safe products. We also ask food manufacturers to alert us to ingredient changes so we can modify accordingly. However, we cannot guarantee the complete absence of these allergens.

If you have any additional questions regarding allergies and specific ingredients, please e-mail info@bellaskitchenandwellness.com.



ICS FAQS

Can I cancel an order and get credit back?

You may also cancel a lunch up until 5pm the day before if your student is ill or has a dr.'s appointment for credit. School closure, inclement weather, field trips etc. are still the responsibility of the parent and will not be refunded. For day of cancellations you are always welcome to pick-up lunches curbside.

I am not getting the email reminders. How can I get them?

Because of your email's spam protection, our email reminders may be going to your spam/junk. Make sure we are going to your inbox by adding our contact: info@bellaskitchenandwellness.com.

Can Lunsubscribe from the reminder emails?

Yes, of course! Click "unsubscribe" at the bottom of the e-mail. Please note, that if you unsubscribe from our meal delivery service emails, you will automatically unsubscribe for the reminders as well since they come from the same company.